

Andover Supercross Technical Guide

Round 13 of the Parentini Wessex Cyclocross League

Date: Sunday 22nd December,

Venue: Charlton Sports and Leisure Centre, Andover SP10 3LF

Organiser: Dr Alex Forrester
32 Glebe Court, Southampton SO17 1RH
07723 337002
alex@howtorideabike.co.uk

Chief Commissaire: Ray Blackwell

Commentator: Vin Cox

Nearest Hospital: Andover War Memorial Hospital
Charlton Road, Andover SP10 3LB
Tel. 01264 358 811 (0.9 miles away)

Run under British Cycling regulations. All races Category B, CX Band 3 (except U10, U12 & Novice)

Prize list

Cash prizes will be according to the Parentini Wessex League guidelines. We also have some sponsor-donated extras! These include:

- A copy of The Cyclocross Bible for the last rider not to be lapped in each race
- Vin's Vittoria Style award for the rider who sends-it or stacks-it or smashes-it or whatevers-it in each race. Listen out during your race to see if you're in the running for an award!
- A VeloClinic bike fit, randomly given to one rider in the Women's and Men's V40/Jnr races
- Vittoria tyres & wine
- New Champ Socks
- Oxford Mint cleaning products
- Plus lots more!

	1st	2nd	3rd	4th	5th
U8 (=Boys & Girls)	Medal	Medal	Medal	Medal	Medal
U10 (=Boys & Girls)	Medal	Medal	Medal	Medal	Medal
U12 (=Boys & Girls)	Medal	Medal	Medal	Medal	Medal
U14 (=Boys & Girls)	£15 + £10 Zepnat voucher	£10	£5		
U16 (=Boys & Girls)	£15 + £10 Zepnat voucher	£10	£5		
Novice	Prize	Prize	Prize		
Junior (=Men & Women)	£20	£25	£10		
V40 (=Men & Women)	£30	£25	£20	£15	£10
V50 (=Men & Women)	£30	£25	£20	£15	£10
Senior (=Men & Women)	£30 + £35 Zepnat Voucher	£25	£20	£15	£10

Registration

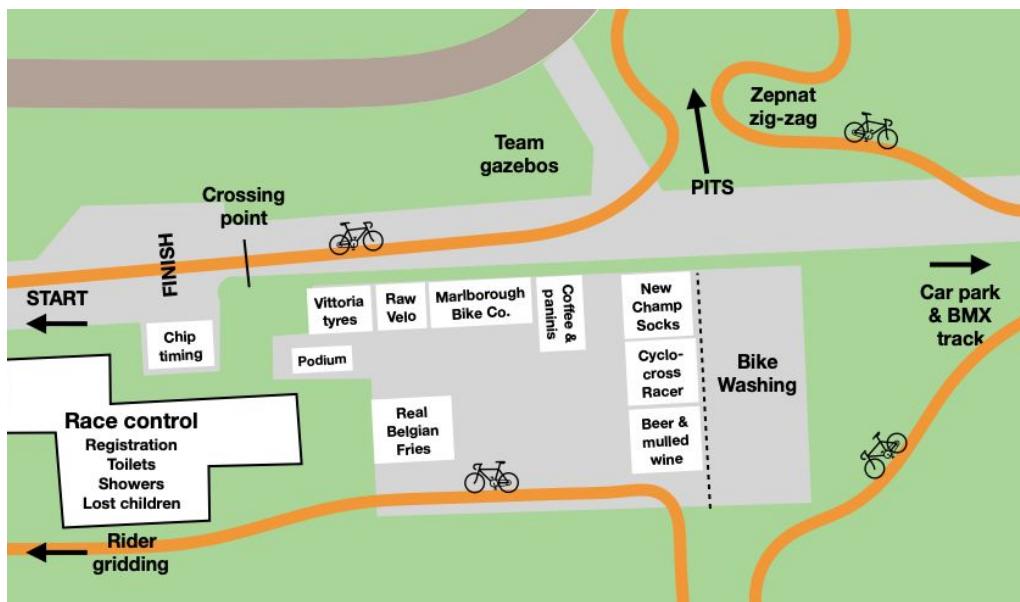
Sign-on is in the main sports centre building (see event village map below). If you are pre-registered with the league, please remember your number. All other riders will receive a new number that should be returned to the sign-on desk after the race. If you are entering on the day, please remember to bring your racing license (if you have one). A day license can be purchased at registration for £3. U10, U12 and Novice riders do not require a license.

Timing chips should be collected from the tent next to the finish line (and returned here after your race)

Toilets, showers and changing are in the main sports centre building

Event Village

There will be a number of trade and catering stalls, including a beer and mulled wine tent, Belgian fries, waffles, coffee, paninis, etc.



Pits

There is a double-sided, right-hand entry pit. If you are leaving a bike unattended in the pits, please leave it in the area marked at the start of the upper pit lane. Any unattended bikes in the main pit area will be moved to this location.

Bike washing

The bike washing area is on an asphalt surface :-) There will be a hose, Mint cleaning products, buckets, brushes, etc. Please fill up your bucket/barrel and move on so as to allow others to fill up their water vessels too.

Race Timetable & Sign-on Times

Race time	Category	Sign-on open
9:30	Under 8 & 10	8:30-9:15
9:50	Under 12	8:30-9:35
10:35	Under 16	9:00-10:20
10:36	Under 14	9:00-10:20
10:37	Novice	9:00-10:20
11:20	Veteran 40-49 Men & Junior Men	9:40-11:05
12:20	Senior, Veteran & Junior Women	10:30-12:05
13:45	Veteran 50+ Men	12:00-13:30
14:45	Senior Men	13:00-14:30

Race Results

Live results will be available on the day and will be posted on <https://my.raceresult.com/> after the event

Photos

There will be free photos for everyone! As well as action and atmosphere shots, we will be using an auto-triggered camera to try to make sure we get an image of everyone. Check out the Wessex League Facebook page and www.AndoverSupercross.co.uk after the event to access the photos.

Sweeper

After the winner of each race crosses the line, a 'sweeper' will ride the course at a respectful distance behind the last rider on the course. Do not practise on the course until the sweeper has passed and do not overtake the sweeper.

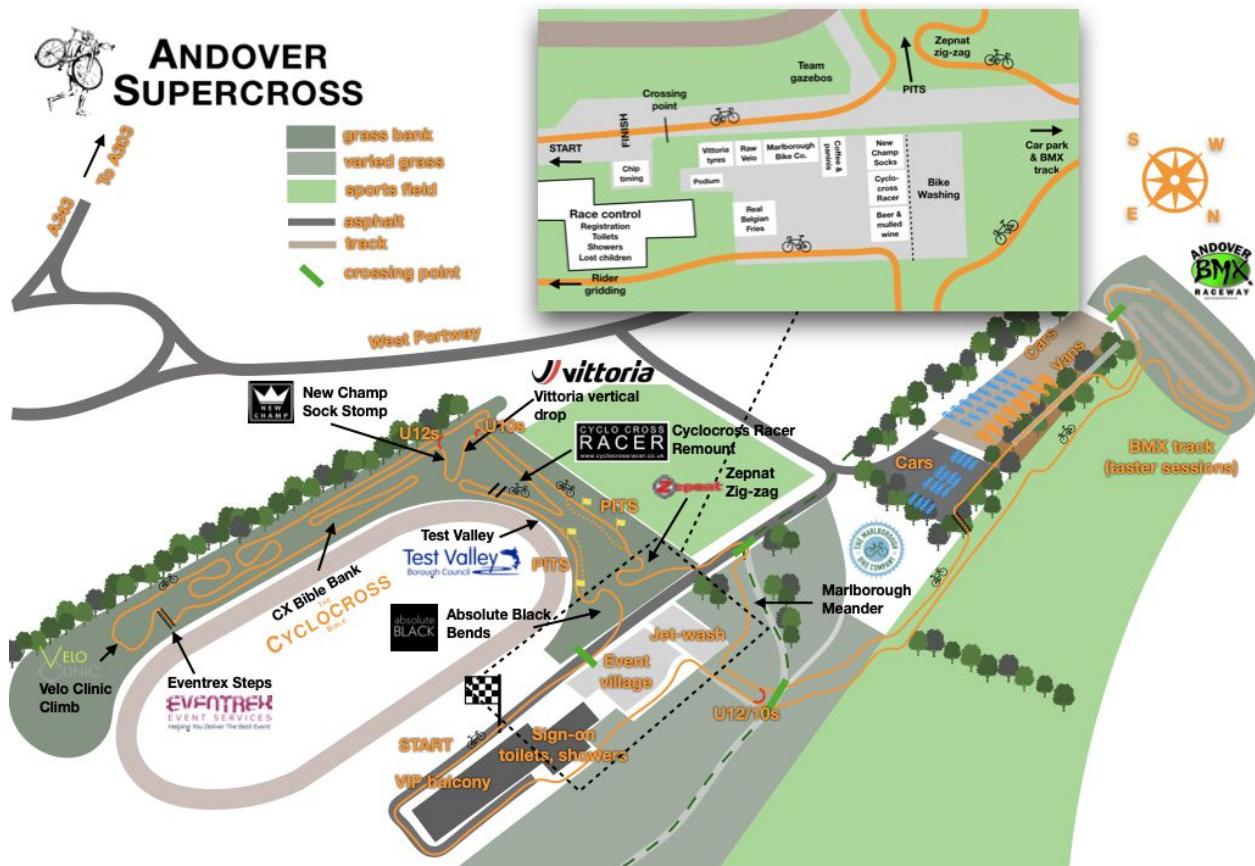
Podiums

Even if you are not in the cash prize list, you may well have won a spot prize. Please hang around for your podium, which will be shortly after the sweeper finishes their lap.

Course

A classic cyclocross blend of road, flat grass, steep banks, tracks, plus a bit of BMX track! The course has been designed to be appropriate for all abilities while still offering a challenge for everyone.

Please note that the start is on an asphalt road. This means it is even more important to race sensibly and with respect for those around you. Please do not try to overtake while turning off and on to road sections. There are plenty of other opportunities to pass riders on the rest of the course.



Directions

Charlton Sports and Leisure Centre is not far off the A303 to the west of Andover on the edge of the Portway Industrial Estate. The above postcode SP10 3LF is not quite where the event is but it will get you to within the perimeter of our signs!

Parking

There is ample parking on asphalt and hard-standing (see map above). The upper car park is quite small and has car-sized spaces marked. We are therefore kindly asking those with vans not to use this carpark (though do feel free to drive closer to the course to drop off your jetwash, gazebo, etc.).

Pre-entered riders

(entry on the day is available)

U10

Balin	Atkins	Didcot Phoenix CC
Maximillian	Atkins	Cotswold Veldrijden
Jasmine	Bond	
Evie	Bramall	Solent Pirates
Daniel	Branford	Poole Wheelers CC
Lewis	Claydon folly	
Harry	Cooper	
Florence	Cooper	
Marit	Davidse	Sotonia CC
Devon	Davies	Sprockets Cycle Club
William	Dyer	Sotonia CC
william	gooch	Palmer Park Velo RT
Eva	Mar-Molinero	Sotonia CC
Isabelle	Mar-Molinero	Sotonia CC
Guy	Rorke	Oxonian CC
Adam	Short	Cotswold Veldrijden
Finley	Staunton	Sprockets Cycle Club
Riley	Tonner	Cotswold Veldrijden
Jack	Wakefield	
Arthur	Warren	Oxonian CC
Ella	Warren	
Matilda	Wilks	Sotonia CC
Thomas	Wilks	Sotonia CC

U12

isaac	Allaway	
Thomas	Allen	Sotonia CC
Benjamin	Brindley	Solent Pirates

Lauren	Charles	Charlottesville CC
Ross	Cherruault	Sulis Scorpions YCA
Jarryd	Claydon folly	
Caitlyn	Davies	Banjo Cycles/Raceware/Specialized
Emma	Davies	Banjo Cycles/Raceware/Specialized
Montague	Flavell	Sotonia CC
Charlie	Forrester	www.Zepnat.com
Douglas	Forrester	www.Zepnat.com
Sam	Genazzini	Solent Pirates
Isabella	Hall	Sotonia CC
Maisie	Hamilton Unwin	Cotswold Veldrijden
Harrison	Hendy	Team HUP
Wilf	Jones	Banjo Cycles/Raceware/Specialized
Niclas	Olley	Sotonia CC
Benji	Pike	Sotonia CC
Ella	Ridgment	Sotonia CC
Fergus	Rorke	
charlie	shepherd	Sotonia CC
Aimee	Taylor	Oxonian CC
Evans	Tindell	Palmer Park Velo RT
Cypher	Tindell	Palmer Park Velo RT
Grace	Upshall	Poole Wheelers CC
George	White	Sotonia CC
Louis	Wright	Minehead Merlins

U16 Boys

Finlay	Beggin	Zappi Racing Team
Toby	Brown	Welwyn Wheelers CC
Jude	Chamberlain	The MI Racing Academy
George	Cottrell	Poole Wheelers CC

Nathan	Cracknell	Pedalon.co.uk
Yani Angelo	Djelil	Una Forza Racing
Max	Francis	Salisbury Road and Mountain CC
Oscar	Heslop	Team Milton Keynes
Josh	Horner	
Toby	Houghton	Fareham Wheelers Cycling Club
Jed	Smithson	WORX Factory Racing

U16 Girls

Elena	Day	Solent Pirates
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U14 Boys

Alfie	Amey	DB Racing
Oscar	Amey	DB Racing
William	Blount	Solent Pirates
Arthur	Bond	
Edward	Charles	Charlottesville CC
Dylan	Cherruault	Avid Sport
Thomas	Cracknell	Pedalon.co.uk
Arne	Esslemont	Andover BMX Club
Arthur	Gage	Sulis Scorpions YCA
Alistair	Gardner	Knightwood BMX Club
Miles	Horner	Chapel Tri-Stars
Adam	Jones	Banjo Cycles/Raceware/Specialized
Alexander	Keary	Palmer Park Velo RT
Louis	Kirk	Sotonian CC
Finley	Macfarlane	Palmer Park Velo RT
Mackenzie	Mellish	Vector Cycling Race Team
Clement	Reuter	Herne Hill Youth CC
Samuel	Ridgment	Sotonian CC

William	Salter	Tri UK
Ethan	Storti	Welwyn Wheelers CC
Alex	Taylor	OXONIAN CC
Huw	Watkins	Palmer Park Velo RT
Finlay	Woodliffe	Welwyn Wheelers CC
Joseph	Wright	Minehead Merlins

U14 Girls

Olivia	Allman	Velo Club Venta
Greta	Carey	Pedalon.co.uk
Caitlin	Dinning	WyndyMilla
RUBY	FLvell	Sotonia CC
Emma	Harrison	Sotonia CC
Caitlin	Havisham	Palmer Park Velo RT
Amelie	Macfarlane	Palmer Park Velo RT
Grace	Richardson	Portsmouth North End CC

Novice

Martin	Blount	
Verity	Horner	
Matt	Perks	
Duncan	Towner	Mud, Sweat n Gears CC
Georgina	Wise	

Junior Men

Angus	Beggin	Bicester Millennium CC
Oliver	Birch	Chapel Tri-Stars
Sam	Bishop	Charlottesville CC
Gareth	Davies	Banjo Cycles/Raceware/Specialized
Matthew	Day	Hargroves RT
Sam	Freeman	Hargroves RT
Euan	Macleod	Pedalon.co.uk

Sam	Nanopoulos	Hargroves RT
Eli	Tucker	I-Team Cyclists Club

Vet 40-49 Men

James	Allaway	Pedalon.co.uk
Mark	Allen	Sotonian CC
Chris	Ames	Machen Miggly Moos MTB Club
Ben	Anstie	73Degrees CC
Martin	Baisch	Rapha Cycling Club
Neil	Bond	
Kevin	Brewer	73Degrees CC
Peter	Christopher	VC10
Alan	Collins	Portsmouth North End CC
Richard	Cooper	Hart Evolution Racing Team
Daniel	Crook	Andover Whls
Wout	Davidse	Sotonian CC
Crispin	Doyle	Hargroves-Montezumas
Eric	Esslemont	Andover BMX Club
Adam	Frewin	Pedalon.co.uk
Paul	Gardner	
Andy	Hallas	Mercedes AMG PETRONAS
Tony	Hamilton	Salisbury Road and Mountain CC
Jason	Harrison	Sotonian CC
Matthew	Heathcote	Natural RT
Paul	Hendy	Wight Youth Cycling Club
Philip	Hersey	Eagle RC
Graham	Hollidge	Fareham Wheelers Cycling Club
Martin	Horner	Meon Valley Cycle Club
Tim	Hyde	
Stuart	Jackson	Army Cycling Union

Martin	Jeffery	North Hampshire RC
Paul	Jones	Banjo Cycles/Raceware/Specialized
Ian	Keary	Palmer Park Velo RT
Adrian	Lansley	Pedalon.co.uk
Gavin	Law	
Nick	Lees	Reading CC
Paul	Lloyd	Banjo Cycles/Raceware/Specialized
Tim	Macfarlane	Reading CC
Carlo	Mascia	Cotswold Veldrijden
Gordon	McKinnon	Braishfield CC
Tyrone	Miller	Velo Club Venta
Chris	Mingo	Sarum Velo Aerosporting
Ian	Morris	Stonehenge Triathlon and Road
Jamie	Norfolk	Pedalon.co.uk
Darren	Pike	Sotonia CC
Roger	Prior	Banjo Cycles/Raceware/Specialized
Jorge	Ribeiro Manso	Velo Club Venta
Justin	Ridgment	Sotonia CC
Dominic	Rorke	Didcot Phoenix CC
Robin	Short	Cotswold Veldrijden
Steven	Smith	Maybush CC
Matt J	Smith	Cycling Club Hackney
Simon	Snowden	73Degrees CC
Duncan	Southam	
Martin	Stanley	Didcot Phoenix CC
Chris	Staunton	Sprockets Cycle Club
Miles	Thomas	Hart Evolution Racing Team
Irfon	Thomas	Salisbury Road and Mountain CC

Andy	Tucker	Banjo Cycles/Raceware/Specialized
Paul	Upshall	Poole Wheelers CC
Paul	Warren	Oxonian CC
Rory	West	Pankhurst Cycles
David	West	Salisbury Road and Mountain CC
Martin	White	Sotonian CC
Robin	Wilmott	Cotswold Veldrijden

Junior Women

Holly	Bristow	Palmer Park Velo RT
Emily	Conn	Banjo Cycles/Raceware/Specialized
Ella	Lawrence	Hargroves RT
Amelie	Prior	Banjo Cycles/Raceware/Specialized
Freya	Richardson	Awol

Senior & Vet Women

Janine	Atkinson	Swindon Wheelers
Lea	BONNAFOUS	
Anastasia	Bowler	GS Henley
Lindy	Brazier-Larkin	Sarum Velo Aerosporting
Tracy	Bremner	Pedalon.co.uk
Celia	Brown	
Claire	Cooper	
Claire	Evans	Sprockets Cycle Club
Charlotte	Fisher	Cotswold Veldrijden
Caroline	Goward	GS Vecchi
Sara	Hallas	Oxonian CC
Marie-Christine	Halle	
Beckie	Hamilton	Cotswold Veldrijden

Charlotte	Heywood-Mahé	Les Filles Racing Team
Carly	Ibbitson	Fareham Wheelers Cycling Club
Samantha	Jones	Owens Cycles
Catherine	Pascoe	New Forest CC
Caroline	Reuter	Dulwich Paragon CC
Kate	Robson	Pedalon.co.uk
Steph	Rorke	
Maryka	Sennema	Paceline RT
Donna	Short	Cotswold Veldrijden
Ann	Warren	OXonian CC
Katie	West	Salisbury Road and Mountain CC
Sonia	Whiteman	Velo Club Venta
Gemma	Wilks	Sotonia CC
Suzanne	Wise	C and N Cycles RT
Jessica	Wood	Army Cycling Union

Vet 50+ Men

Mark	Allen	Pedalon.co.uk
Richard	Bremner	North Hampshire RC
Paul	Byford	Crawley Wheelers
Roy	Chamberlain	Team Corley Cycles
Richard	Cheetham	GS Vecchi
Phillip	Chinn	Fareham Wheelers Cycling Club
Richard	Collins	Imperial Racing Team
Andrew	Cracknell	Pedalon.co.uk
Malcolm	Cross	Velo Club Venta
Tim	Crumpton	VC St Raphael
Dave	Dalton	Fareham Wheelers Cycling Club

Tony	Dawson	Palmer Park Velo RT
Jonathan	Dudley	Sotonian CC
Martyn	Dymond	Pedalon.co.uk
Keith	Gandy	GS Vecchi
Craig	Goodson	Cotswold Veldrijden
Matthew	Gough	Charlottesville CC
Andy	Grant	GS Vecchi
Shaun	Green	Stonehenge Triathlon and Road
Simon	Guard	Sotonian CC
Jonathan	Hall	Sotonian CC
Mark	Hardwicke	Bournemouth Arrow
Jon	Harris	North Hampshire RC
Jez	Hart	Sotonian CC
Paul	Hartland	GS Henley
Chris	Hill	Poole Wheelers CC
Gary	Hill	DHCyclesport Cycling Club
David	Hobbs	Cotswold Veldrijden
Kevin	Holloway	GS Vecchi
Paul	Hudson	Hargroves Cycles CC
Chris	Hutchings	Velo Club Venta
Stephen	Jones	Banjo Cycles/Raceware/Specialized
Dave	McMullen	Cotswold Veldrijden
Michael	Murray	
Adrian	Parry	Pedalon.co.uk
John	Phillips	Sotonian CC
Stephen	Shepherd	Sotonian CC
Richard	Simmons	VC Meudon
Dion	Thomas	
Robert	Tutt	Velo Club Venta
Christian	Vaughan	GS Vecchi
Russ	Wakefield	Portsmouth North End CC

Robert	Waller	Banjo Cycles/Raceware/Specialized
Kurt	Wallin	Banjo Cycles/Raceware/Specialized
Scot	Weaver	
Angus	Wells	Royal Air Force CA
Mike	Williams	GS Vecchi
Paul	Wood	Swindon Wheelers
David	Wrey	Pedalon.co.uk

Senior Men

Fletcher	Adams	Hargroves RT
Jay	Allen	Pedalon.co.uk
Sam	Allen	Pedalon.co.uk
Daniel	Atkins	Didcot Phoenix CC
Ben	Bishop	Charlottesville CC
Leigh	Blackford	Vector Cycling Race Team
David	Bone	Racing Club Ravenna
David	Brazier	Sarum Velo Aerosporting
Tom	Budden	Sotonian CC
Liam	Cahill	Reflex Racing
Barney	Clacy	Hargroves RT
Alan	Collins	Portsmouth North End CC
Giorgio	Coppola	Four4th
Tom	Couzens	Zappi Racing Team
Samuel	Dawson	Banjo Cycles/Raceware/Specialized
Robert	Dickinson	Army Cycling Union
Jamie	Doel	Sotonian CC
Tim	Doole	Maybush CC
Matthew	Fowler	Chippenham & Dist Whls
Adam	Gascoigne	Pedal Power Loughborough
Dean	Hendry	GS Mossa

Joe	Hickerton	Jam Cycling RT coached by BPC
Lee	Hunt	Army Cycling Union
Oscar	Hutchings	Velo Club Venta
Lawrence	James	Swindon Wheelers
Joshua	Jones	ZeroBC
Andrew	Lindsay	Surrey Hills Cycleworks
Darren	Longhurst	DHCyclesport Cycling Club
Callum	Macleod	Canyon dhb p/b Bloor Homes
Christopher	McGovern	Southampton University Road Club
Paul	Morris	Fareham Wheelers Cycling Club
Karl	Norfolk	Pedalon.co.uk
Max	OConnor	Thames Velo
Martin	Reeder	Bournemouth Jubilee Wheelers
Gavin	Robinson	New Forest CC
Ben	Sampson	LBRCC (Leighton Buzzard Road CC)
Brendan	Schofield	Cowley Road Condors
Lee	Smith	Nuun-Sigma Sports-London RT
Thomas	Timberlake	Dyson Cycles
Kev	Tonner	Cotswold Veldrijden
Matthew	Wakefield	
Alex	Watkins	Sarum Velo Aerosporting
Phil	Wilks	Sotonia CC
David	Winter	Clee Cycles
Thomas	Yeatman	Oxonian CC